

BUYERS GUIDE TO HYDRATION PACKS

Hydration back packs are mostly used in hiking and travelling. A water bottle is enough to carry while hiking but technology has come up with a much better way to carry your water around. Water bottles will always remain there, but a hydration bag packs really makes things easy. They make carrying around water a lot less awkward as well as staying hydrated a lot easier.

In buying a **hydration bag pack**, the first thing need to consider is to make sure that the pack is designed for the activity you intend to use it for. Along with it's size and water storing capacity, these are other features to be considered.

CONVENIENCE

It provides easy access and also allows you to drink on the go without having to reach out for your bottle.

The drinking tube can be extended to your shoulder and you can drink water easily.

PRODUCTIVITY

Helps in maintaining good healthy activity. The main reason for using a hydration pack is to keep you hydrated anytime and anywhere without having to stop and keep you in the rythm.

BPA FREE PLASTIC

BPA free plastic removes the use of poisonous plastic. Most of the bladder will probably be made of BPA free material, but make sure to check this before buying it.

STABILITY / WEIGHT DISTRIBUTION

Hydration bags has space for storing water on either side of the backpack which evens out weight.

It is good to carry heavier weight on your back and not the sides.

COMFORT

Materials used to make the packs are not hard materials unlike a plastic water bottle.

While it may start out large they eventually shrink down as you drink water from them which means you can easily pack it once it's done.

COST

Hydration backpacks are costlier than a water bottle, but if you look at the benefits then you will see than it actually ends up paying itself off. It lasts longer so in reality it's worth way more than you actually think when buying it.

DIFFERENT TYPES OF HYDRATION BAG PACKS

VEST TYPE DESIGN
FOR COMFORT

SHOULDER STRAP STORAGE
FOR OPTIONAL WATER BOTTLE

ELASTIC STRAPS HUGGING
THE RUNNERS WAIST FOR
BETTER MOBILITY

RUNNING BACKPACKS

These bag packs provide extra storage than vests which making them a better option for long trail runs which require extra food and clothing. Many backpacks also have pockets on the shoulder straps or on the sides in case you prefer to use water bottles.

HIKING HYDRATION PACKS

These bag packs are the standard packs used for hiking purpose and normally it has ample space for food and also have some extra layers and can carry more amount of water.

EMERGENCY WISTLE

PADDLED WAIST STRAP
TO IMPROVE STABILITY

MORE STORAGE

LOW PROFILE
AERO DYNAMIC
DESIGN

ELASTIC HARNESS
FOR ADJUSTABLE SIZE
OR ADDITIONAL STORAGE

CYCLING HYDRATION PACKS

These backpacks are designed specifically for mountain biking and road cycling. Hydration packs which are specially designed for the road cycling are normally compact and low-profile so they feel very light and give more stability on your back and also won't create wind resistance.

SNOWSPORTS HYDRATION PACKS

These are specially designed for sports that are played on snow. Snowsports hydration backpacks are made in such a way that it prevents your water from getting frozen.

ADDITIONAL PADDING
TO MAKE YOU WARMER

PADDLED WAIST STRAP
FOR IMPROVED STABILITY

ANTI-FREEZE TECHNOLOGY
PREVENTS YOUR WATER
FROM FREEZING

BACK CARRY SNOW BOARD STRAP
SIDE CARRY SKY STRAP